

HASHMANIS MEDICAL WELFARE FOUNDATION

SERVING HUMANITY SINCE 1979

CAN CHANGE THE LIFE OF MANY



BLINDNESS & IMPAIRED VISION:

A MAJOR HEALTH PROBLEM AMONG PEOPLE

Pakistan has the dubious distinction for having the third highest population of blind and visually impaired individuals in the world.

The major cause of this is the inadequate amount spent on health by the Government: 0.49% of GDP versus a minimum requirement of 5%.

Cataract is the main cause of blindness followed by Glaucoma, Age Related Macular Degeneration & Corneal Opacity.

As a consequence 11% of our population suffers from blindness and vision impairment.

Children are either blind or visually

Refractive Errors & Cataract are the main causes of impairment

visual.

Pakistan is suffering from diabetes as around 17% of the adult population (35 million) suffers from it. 30% of patients have uncontrolled diabetes that later develops into diabetic retinopathy, an irreversible blindness.

BLIND 2 million of which IMPAIRED VISION -21 million

51% are women

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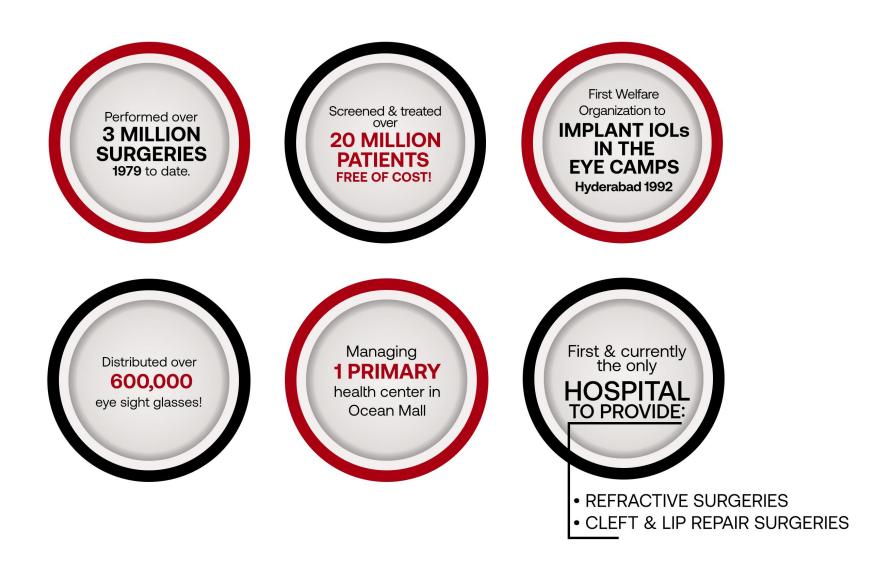
3 Million

impaired.

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With the aid of our foundation, we have been able to treat our patients with latest state of the art technology and have been able to perform more than 6,000 surgeries, all FREE OF COST!





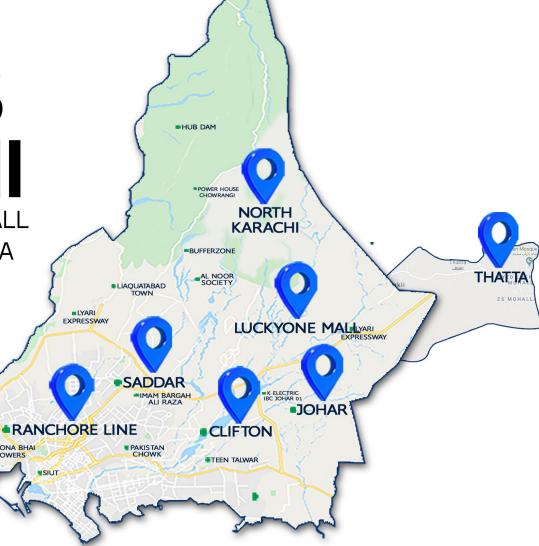


MANAGING

7HOSPITALS **IN KARACHI**

CLIFTON | SADDAR | JOHAR | LUCKYONE MALL RANCHORE LINE | NORTH KARACHI | THATTA (THREE DEDICATED NON PROFIT HOSPITALS)

One hospital in KPK and one in Qadirabad (Swabi) were built and initially operational for six months under the supervision of Dr. Sharif Hashmani. Later these hospitals were handed over to Lakson Group.







HASHMANIS GROUP OF HOSPITALS HASHMANIS MEDICAL WELFARE FOUNDATION (HMWF)

"The journey of a thousand miles begins with a single step."

Our incredible journey also began with our first step in the late 70's, when Dr. Sharif Hashmani established a hospital under the name of Hashmanis Hospital. The very name symbolizes a pioneering vision and a standard of care.

With state of the art instruments and latest technologies, Hashmanis have successfully performed numerous surgeries done nowhere else in Pakistan. The Hospital is also credited with introducing several new technologies and procedures to Pakistan, such as:

IOLs, Phaco, LASIK, Femto LASIK, Femto Cataract, Phakic IOLs, etc.

Hashmanis Medical Welfare Foundation has been providing charity in Eye and Medical care services since 1979.

EYE SERVICES

Started in 1979, Hashmanis Group of Hospitals has done remarkable work in the field of Ophthalmology. The Hospital Group takes pride in providing with the cutting-edge facilities that are not available anywhere else in Pakistan. With the help of latest technologies, the Hashmanis Group of Hospitals have even performed complex eye procedures on patients from all over the world. In fact, Hashmanis proudly introduced a few surgical techniques in Asia.

Hashmanis Group of Hospitals have brought over 15 innovative treatment modalities in Pakistan including advance treatments like Laser Assisted (bladeless), Cataract Surgery and Topography Guided LASIK.





MEDICAL SERVICES

Our medical specialists strive to provide affordable specialized healthcare services to all patients. We are a one-stop shop for all your medical needs. Our integrated approach brought multiple allied health services to our patients and provided them a convenient and comprehensive healthcare solution. The flagship hospital works round the clock and offers services in over 25 different modalities such as:



Cardiology



Physiotherapy & Speech Therapy



Dermatology & Cosmetology



Endocrinology & Diabetology



Neurology & Neuro Surgery



Gynecology

Pathology

& Microbiology





& Obsterics



Orthopedic



(Otolaryngology)



Plastic Surgery



Dentistry

Pediatrics & **Pediatric Surgery**





I.C.U/N.I.C.U/P.I.C.U



Pulmonology & Thoracic Surgery



Oncology

Radiology



Psychiatry / Group Psych. **Rehabilitation Services**

At Hashmanis, we ensure our patients receive fast and professional health care. Our team of qualified, skilled and experienced doctors, nurses and paramedics are always standby to safely meet the patients' medical needs on time. We deliver urgent care to people, offer high quality, safe and timely care pathways in case of an emergency. We closely monitor and assess our performance and strive to meet both national and international standards. We are at the top of our game.



OUR AREAS OF OPERATION









Zakat Treatments to EYE Patients Zakat Treatment to Tertiary Patients (Surgical/Intensive Care/Gynae) Research

- Core Research in High Impact Factor International Journals
- Hashmanis Prodigy in Research
- Paper presentations in International Conferences





Trainings

- Pioneering Innovations in Ophthalmology
- FCPS Training
- CMEs and Roundtables

Accessible Health Care Programs

6-8 Health Camps Weekly



FACILITIES IN HASHMANIS HOSPITALS











The Hashmanis Group of hospitals Saddar Branch possesses three major departments:

Intensive Care Unit (ICU)

Pediatric Intensive Care Unit (PICU)
 Neonatal Intensive Care Unit (NICU)

With these substantial tertiary health care services, people are able to have access to intensive care round the clock. From ventilators, radiology, laboratory, operation theatre, 24-hour pharmacy, inhouse laboratory to neonatal intensive care units, the branch is fully equipped with top-notch latest technologies.





PROJECT

LASIK/ REFRACTIVE SURGERY







Pakistan has the third highest population of blind and impaired visually impaired individuals in the world. Where over 37% of the population is myope & 6% to 7% are high myopia.

Currently the focus of charity in Pakistan is on Cataract & Glaucoma which occurs mostly at the age of 50 to 60 years.

Refractive issues are very common in the working class aged from 18 to 40 years.

Hashmanis is the only Hospital in the world performing Free LASIK surgeries to underprivileged.

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PROJECT

MOBILE HOSPITAL







The Hashmanis Foundation aims to develop research and development culture in Pakistan. To execute this aim Hashmanis Foundation is planning to launch its first and one of a kind Mobile Eye Screening Service.

A specially designed van equipped with state of the art equipment and a team of professionals will gather the data from remote areas through different eye screening processes. Initially, the van will gather the data from every district of Sindh and will later move on to other provinces.

Equipment Name	Quantity	Cost per Equipment
B-Scan	01	03 Million
ОСТ	01	20 Million
Slit Lamp	01	03 Million
Topography	01	05 Million
Fundoscopy	01	05 Million
Customized Diagnostic Van	01	10 Million
Operational Cost	01	01 Million



PROJECT

KERATOCONUS







Keratoconus is a disease that causes thinning and bulging of the cornea. The cornea gradually turns into a cone-like shape. Any distortion in cornea leads to a distorted image projected onto the retina. Patients with keratoconus are vulnerable to nearsightedness and astigmatism that is not correctable with glasses.

According to a recent study, one in 100 people in Pakistan is suffering from Keratoconus. Due to lack of information and guidance keratoconus is becoming a leading cause of increasing cases of blindness in Pakistan.

Here at **Hashmanis Group of hospitals**, people with Keratoconus disease come and get it treated by our professional doctors. To this day, a large number of people have been treated successfully.

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NORTH KARACHI

EXPANSION

PROJECT 4







We aim to expand our services towards human resource development. To achieve this end we aim to expand our North Karachi Branch into a tertiary care Hospital in the next **02 years.**

Expansion of the North Karachi Hospital (7500 Sq. feet).

- Glaucoma Clinic
- Cornea Clinic
- Pediatric Ophthalmology Clinic
- Vitreo-Retinal Clinic

General Services



PROJECT

EYE TRANSPLANTATION











Since the beginning, our goal has been to develop services that significantly improve the lives of as many people as possible and in order to achieve this goal, Hashmanis Medical Welfare Foundation, World Memon Organisation have joined hands with Sri Lanka Eye Donation Society (a Government approved charity organization), to make Corneal Transplant surgery accessible to the needy patients in Pakistan.

The surgery costs around Rs. 200,000 regardless of where they are. This initiative underprivileged patients can now restore their vision free of cost and have a chance of a perfectly normal life.



PROJECT

CATARACT SURGERY







In Pakistan, due to cataract, yearly around 570,000 adults lose their vision.

At Hashmanis Medical Welfare Foundation, hundreds of free medical camps are organized every year. These camps are setup for those who can't afford basic health facilities. With the support of our foundation we organize several medical camps, targeting different locations every month, where thousands of cataract patients get treatment free of cost.



PROJECT

VITREO-RETINAL SURGERY







A large number of people in Pakistan experience a permanent vision loss every year, due to Retinal diseases. They are recorded as the **second most** common factor of blindness after cataract. Retinal diseases spreads at an alarming rate in Pakistan and it severely damages several parts of the retina with no warning at all. Unawareness, unaffordability and unavailability of proper surgical tools are the leading cause of increasing cases in Pakistan.

At Hashmanis Medical Welfare Foundation, thousands of vitreo retina patients get treated free of cost every year. We provide the most reliable surgeries to battle such diseases as we have envisioned Pakistan free from vitreo-retinal diseases.

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PROJECT

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GLAUCOMA SURGERY







Pakistan has over **2 Million** Glaucoma Patients, half of these patients have lost their vision, permanently, due to delay in diagnosis and treatment. For Glaucoma disease medicines and treatments are very costly and beyond the reach of a common man. But with the help of Hashmanis Medical Welfare Foundation, we perform these surgeries free of cost.



PROJECT

OCULOPLASTIC SURGERY







Blindness has been the biggest threat to people in underdeveloped countries. Very little attention is paid towards the eradication of blindness.

Infection, Injury, certain eye diseases, malnutrition, iatrogenic diseases, and trauma can lead to Corneal Opacity. People who have met with any kind of accidents in industries, agricultural activities, and during sports are likely to develop corneal opacity. It's a communicable disease as well.

The procedure to rectify Corneal Opacity is known as Oculoplastic surgery and Hashmanis Medical Welfare Foundation possesses the most prominent professional ophthalmologists and Plastic surgeons who treat the patients without charging a penny.

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PROJECT

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PEDIATRIC OPHTHALMOLOGY







Thousands of children are susceptible to various eye diseases and are born with eye-related issues. Such condition plunges the future of the young generation into darkness. Hashmanis has become a ray of hope for many children and is one of the few centres in Pakistan paying special attention to ophthalmic needs of children from infancy till adolescence for free. Our division is well equipped with state-of-the-art technology and professional doctors.



PROJECT

SMILE TRAIN









BEFORE

AFTER

BEFORE

AFTER

The Hashmanis Foundation introduced cleft palate and cleft lip surgery in Plastic Surgery department. Not only this but numerous children have been treated with cleft palate and cleft lip defect till date and still aim to serve more. We perform surgeries on underprivileged infants and toddlers, we provide post-surgery assistance and medicines free of cost.

TEACHING IRAINING PROGRAMS



TEACHING & TRAINING PROGRAMS









Fellowship Training

The Hashmanis Group of Hospitals is registered with the College of Physicians and Surgeons to provide Post Graduate training in Ophthalmology to medical doctors. The Hashmanis Foundation sponsors students for a 4 year Ophthalmology training program. Students learn practical medical, diagnostic and surgical skills by Senior Ophthalmologists and are awarded the FCPS degree.

Ophthalmology Conferences

That Hashmanis Foundation organizes a national level Ophthalmology conference after every 4 months. Ophthalmologists from across the nation participate in this conference and international subject matter experts serve as key note speakers. The conference is termed as **The Pioneering Innovations** in Ophthalmology conference.

The Hashmanis Foundation Gold Medal

The Hashmanis Foundation awards two gold medals every year to senior Ophthalmologists who have helped shape the profession, taught students, introduced new technologies and overall enhanced the profession. The first gold medal was awarded to Professor Javed Niazi, who has trained over 50 Ophthalmologists, while the second gold medal was awarded to Professor Niaz Brohi, who helped developed the corneal transplantation practice for the poor in the country. This year in the 5th PIO program, the third gold medal was rewarded to Dr. Fawad S. Rizvi.



RESEARCH & DEVELOPMENT





Core Research

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The Hashmanis Foundation supports all researchers who approach the foundation with a good research topic and basis. To date, the Foundation has sponsored over 10 researches in the fields of Ophthalmology, Cardiology and Radiology. The majority of these research articles have been recognized by international audience and published in high impact factor international research journals. The purpose of the research is to search for few findings, protocols and methodologies provide to help with the clinical care to patients.



RESEARCH & DEVELOPMENT





Prodigy Research Scholarships:

The Hashmanis Foundation aims to promote the research culture in the young generations. To execute this aim The Foundation conducts a research competition every 4 months where students conduct research and submit their papers to our panel of experts. The shortlisted candidates (finalists) get an opportunity to present their papers at the Pioneering Innovations in Ophthalmology conference to an audience of national and international Ophthalmologists. The winners get a Rs. 50,000 scholarship from foundation.

Representation at International Forums:

The Hashmanis Foundation regularly represents Pakistan at various international forums. Most recently, doctors from the Hashmanis Hospital presented I research paper at one of the biggest Ophthalmology conferences in the world. The European Society of Cataract and Refractive Surgery meeting in Lisbon Portugal. Two of our doctors have been invited to present their published research at The Association for Research in Vision and Ophthalmology 2018 Conference in Honolulu, Hawaii. Dr. Sharif Hashmani is the only Pakistani doctor invited to Alcon WaveLight User Meeting which was held in Hong Kong. Dr. Sharif enlightened audience on the topic of "Contoura LASIK."

MEDICAL JTREA

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MEDICAL OUTREACH CAMPS

Hashmanis Medical Welfare Foundation organizes Free Eye and Medical camps throughout the year across Pakistan. Where thousands of patients are treated free of cost by the foundation.

The Foundation arranges 8-10 free medical camps every week which includes 1 mega camp in other cities of Pakistan.

OGth JANUARY

QADIR BUX BHUTTO TRUST, THATTA

First free eye screening camp of the year benefited more than 100 patients, around 78 patients diagnosed for cataract, while some of the deserving patients also received glasses and medicines for free.



ORANGI TOWN

335 patients received Free Eye Screening on this camp. Around 85 patients were diagnosed with Cataract.



LYARI

This Free Eye Screening Camp facilitated more than 205 under-privilege patients. Up to 34 patients were also advised for Cataract.



GODHRA, NEW KARACHI

The residents of Godhra received free eye screening. This free camp facilitated up to 220 patients and 32 patients were recommended cataract treatment. Free medicines and glasses were given to the patients.

January February

March April Thatta, Keemari, North Karachi, Baba Bhit Island, Mangopir, Surjani Town & Lyari Thatta, Surjani Town, Bufferzone, Orangi Town, Chiniot General Hospital, Nazimabad, Qalandari Chowk & Lyari.

Thatta, Surjani Town, New Karachi, Landhi, Mangopir Road, Khamiso Goth, Lines Area & Lyari. Thatta, New Karachi & Ibrahim Hyderi.



MEDICAL OUTREACH CAMPS



WATER PUMP

This free medical and surgical camp assisted more than 250 patients got benefit from the camp. More than 33 Patients were advised for cataract surgery. Free medicines & glasses were also provided to the needy.



BABA BHIT ISLAND

This free eye screening camp benefited more than 220 patients. Around 38 patients diagnosed with cataract. Some of the deserving patients also received glasses and medicines for free.



TIMBER MARKET

Around 120 patients were screened and more than 18 patients were advised to get cataract treatment done. This free eye screening camp provided medicines and glasses to deserving patients.



QADIR BUX BHUTTO TRUST, THATTA

145 patients received free eye screening, more than patients were diagnosed with cataract and 30 surgeries were performed on the same day. Deserving patients also received free medicines.

May & June July **August**

Water Pump, Baba Bhit Island, Thatta & North karachi. Timber Market, Sikandarabad, Orangi Town & Thatta. Thatta & North Karachi.

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MEDICAL OUTREACH CAMPS

5th SEPTEMBER



PURANA HAJI CAMP

More than 253 people derived benefit from free services, 44 people were diagnosed with cataract and were advised to operate it. 8 people were also advised to get Yag Laser in free medical camp.

27th OCTOBER

RANCHOR LINE

In a camp set up by Hashmanis Medical Welfare Foundation more than 214 people received medical facilities, more than 78 patients were advised to go through cataract surgery while 7 patients were suggested to have Yag Laser treatment. In the same camp medicines and spectacles were provided for free among visitors.



NEW KARACHI

Considering the healthcare circumstances of New Karachi's inhabitants, Hashmanis Medical Welfare Foundation arranged an eye care camp in which 322 or more people availed medical services, 29 were diagnosed with cataract, whereas 106 people were able to get free dental checkup. In this camp medicines and spectacles were given to the patients for free.



NEW KARACHI

In a noble step taken by Hashmanis Medical Welfare Foundation, 18 patients with cataract were advised to undergo cataract surgery, 130 patients seized medical facilities from the camp. People in need were given medicines and glasses for free.

September October November December Thatta, Purana Haji Camp, Surjani Town & Ranchore Line. Thatta Ranchore Line. New Karachi, Ranchore Line & Korangi. Thatta, Mauripur, Layari, New Karachi & Vinder





FUTURE PLANS

THE INSTITUTE OF OPHTHALMOLOGY













ELEVATION

BASEMENT

GROUND FLOOR

FIRST FLOOR

SECOND FLOOR

We aim to expand our services towards human resource development. To achieve this end we aim to establish the following in the next two years:

College of Optometry teaching the following specialties:

- Optometrist
- Orthoptist
- Medical Technologist
- Ophthalmic Technologist

Institute of Ophthalmology

- MS in Ophthalmology
- Diploma in Ophthalmology
- Fellowship in Ophthalmology

Construction of the state of the art Eye Hospital at Shaheed-e-Millat Road, Karachi.

Expansion of the North Karachi Hospital (7500 Sq. Feet)

- Glaucoma Clinic
- Cornea Clinic
- Pediatric Ophthalmology Clinic
- Vitreo-Retinal Clinic





FINANCIAL SUPPORT

ZAKAT (EYE & GENERAL)

We have been able to achieve many goals with the help and support of our philanthropists, their support always encouraged us to work for the betterment and well-being of our people.

BUDGET 2019

Eye Procedures - Zakat Fund

Per month: 40 Lakh Per anum: 4.8 Crore

General Procedures - Zakat Fund

Per month: 10 Lakh Per anum: 1.2 Crore

BUDGET 2020

Eye Procedures - Zakat Fund

Per month: 7.5 Million Per anum: 9 Crore

General Procedures - Zakat Fund

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Per month: 5.5 Million Per anum: 6.6 Crore



FINANCIAL SUPPORT

DONATION

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Equipment and resources
 Expansion (construction)
 Sponsorship for medical support for non-muslims
 Examples of Equipment Required

Equipment Name	Quantity	Cost per Equipment
MRI Machine	01	30 Million
Phaco Machine (Thatta & Ranchore Line)	02	3.7 Million
Microscope	02	2.5 Million
Slit Lamp	05	3.75 Million
Corneal Topography	02	5.5 Million
OCT	02	25 Million
Vitreo Retina Machine	03	25 Million
C-ARM	01	2.0 Million
CATH LAB for Cardiac Surgeries	01	40 Million
A & B Scan	02	2.5 Million
Yag Laser	02	3 Million
Argon	02	5 Million

You can send us your **Donation** from anywhere around the world **Account Title: Hashmanis Medical Welfare Foundation**HBL Account Number: 10890015359903



FINANCIAL SUPPORT

INFRASTRUCTURE

Expansion (Construction)

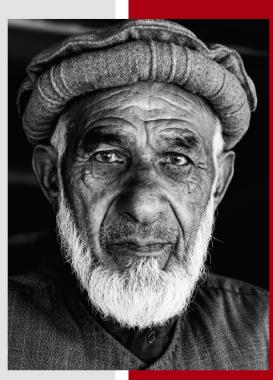
Expansion North Karachi Hospital	7500 Square Feet	13 Million (25% funded)
Construction of the Institute of Ophthalmology	Phase - 1 (18,000 Square Feet)	49.5 Million
	Phase - 2 (9,000 Square Feet)	24.75 Million
Thatta Hospital	Renovation Work	5 Million (50% funded)

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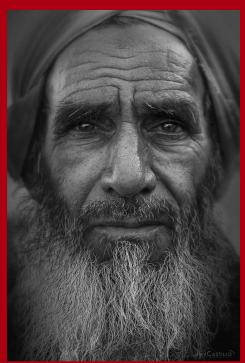
You can send us your **Donation** from anywhere around the world Account Title: Hashmanis Medical Welfare Foundation HBL Account Number: 10890015359903



HELP US SO WE CAN HASHMANIS MEDICAL WELFARE FOUNDATION SERVING HUMANITY SINCE 1979 ELD PAKE FOUNDATION SERVING HUMANITY SINCE 1979









FOR ZAKAT

ACCOUNT TITLE: HASHMANIS HOSPITAL ZAKAT FUND HBL AC# 10897900198003

FOR DONATION

ACCOUNT TITLE: HASHMANIS MEDICAL WELFARE FOUNDATION HBL AC# **10890015359903**

CLIFTON

Address: G - 18, Block 8, Ch. Khaliq-uz-Zaman Road Clifton, Karachi T:+92 21 3586 6041-43.

SADDAR

Address: JM - 75, Jacob lines, Off M.A. Jinnah Road, Karachi. T:+92 21 3278 0335, 3278 1124.

GULISTAN - E - JOHAR

Address: AG, 10 - Farhan Heaven, Opposite KESC Office Gulistan-e-Jauhar, Karachi. T:+92 21 3466 4601-03.

NORTH KARACHI

Address: ST - 41/1, Sector 11 - I, Near Saleem Centre North Karachi, Karachi. T:+92 21 3690 5876.

RANCHORE LINE

Address: Jinnah Street, Near Sabri Masjid Ranchore Line, Karachi. T:+92 21 3272 6320.

LUCKYONE MALL

Address: Lower Ground floor, Main enterance, Rashid Minhas road, Karachi.

OCEAN MALL

Address: Ground Floor, Ocean Mall, Clifton, Karachi.

THATTA

Address: Qadir Bux Bhutto Trust, National Highway, Thatta.

